## CLAIMS

What is claimed is:

1. A method for forming a metallic composite structure, comprising: placing sheet metal between a die and a platen, said die and said platen configured to sealingly engage a periphery of said sheet metal for forming a die enclosed area of the sheet metal, said die having a forming surface defining a cavity between said forming surface and said metal sheet;

moving said die and platen to their closed position such that said die engages the periphery of said sheet metal at said metal sheet;

adjusting the temperature of said sheet metal to the material blow forming temperature;

applying gas pressure to a surface of the sheet metal so as to form the sheet metal to at least partially conform with said die forming surface; and coupling metallic foam substrate to the sheet metal.

- 2. The method according to Claim 1, wherein coupling metallic foam substrate to the sheet metal occurs prior to applying gas pressure to form the sheet metal.
- 3. The method according to Claim 1, wherein coupling metallic foam substrate to the sheet metal occurs after to applying gas pressure to form the sheet metal.

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- 4. The method according to Claim 3, further comprising applying an adhesive between the metallic foam and the sheet metal.
- 5. The method according to Claim 1, wherein coupling metallic foam substrate to the sheet metal is deforming the sheet metal to form a pair of interfacial surfaces which couple to a pair of surfaces on the metallic foam.
- 6. The method according to Claim 1, wherein placing sheet metal between a die and a platen is placing a metal sheet having a depending metallic foam sheet disposed thereon.
- 7. The method according to Claim 1, wherein placing sheet metal between a die and a platen is placing a metal sandwich structure having a first and second sheet metal layers and coupling a metallic foam substrate is positioning a metallic foam layer therebetween.
- 8. The method according to Claim 1 wherein the sheet metal is a superplastically formable alloy.
- 9. The method according to Claim 1 wherein the metallic foam is a superplastically formable alloy.

- 10. The method according to Claim 1 further comprising brazing material between the foam and the sheet metal.
- 11. The method according to Claim 1 wherein the metallic foam is a high purity aluminum alloy reinforced with a low volume fraction of (~1 micron) ceramic particles.
  - 12. A composite structure made by a process comprising:

providing a first metal sheet said metal sheet having a first surface and a second surface;

positioning a metal foam against a surface of said first metal sheet, said metal foam having a first metal foam surface interfacing to said first metal sheet surface;

heating said first metal sheet, said metal foam, to a forming temperature sufficient to fuse the resultant metallic foam to said first and to said second metal sheets;

cooling said first metal sheet, said metallic foam, so that a planar panel is formed;

placing planar panel between a die and a platen, said die and said platen configured to sealingly engage a periphery of said planar panel for forming a die enclosed area of the planar panel, said die having a forming surface defining a cavity between said forming surface and said planar panel;

moving said die and platen to their closed position such that said die engages the periphery of said planar panel at said metal sheet;

adjusting the temperature of said planar panel to the material blow forming temperature;

applying gas pressure to a surface of the planar panel so as to form the planar panel to at least partially conform to said die forming surface.

- 13. The method according to Claim 12, wherein placing planar panel between a die and a platen is placing a metal sandwich structure having a second sheet metal layer coupled to the metallic foam substrate.
- 14. The method according to Claim 12 wherein applying gas pressure to a surface of the planar panel is applying gas pressure at a predetermined rate so at to not cause a rupture of the first metal sheet.
- 15. The composite structure of Claim 13, wherein said first and second metal sheets comprise a superplastically deformable alloy.
- 16. The composite structure of Claim 15, wherein said first and second metal sheets comprise aluminum.

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17. The composite structure of Claim 13, wherein said first metal sheet, said second metal sheet, and said metallic foam comprise a superplastically deformable alloy.

18. The composite structure of Claim 13, wherein said metallic foam comprise a superplastically deformable alloy.